



## Latiaf Training

Accessing Our Soul Essences  
12 Month Intensive in Olympia, WA  
Starting March, 2019

An Navigational Map and Skills to access the Terrain of Essence  
Starts Sunday March 8th, 2020 ~

Cost \$140.00 each Sunday class ~ On-going for 12 months

A two and a half Hour additional Follow-up Study Group required ~ Cost \$35.00

Time 1:00-6:30 pm ~ Location Dancing Cedars, Olympia, WA

Just as seeds and grains benefit from the soaking process so that the rough husk can soften and fall away allowing us to more fully receive the enzymes and nutrients of these living foods, so we too, as human beings benefit from steeping in the fluid Grace of our essential nature allowing the shell of past conditioning, false beliefs, and misunderstandings to melt away so that we may directly access these nourishing essences of our pure nature; our Soul.

This training will provide the tools and skills necessary to ground, differentiate, discern and facilitate ways of re-Sourcing our own inner guidance. Through inquiry and additional practices and exercises we will learn to recognize the subtle and not so subtle ways in which we fall in or out of balance with our pure nature and Source energy. Our soul is comprised of various emanations and essences appearing as frequencies ~ colored lights ~ latifas, each corresponding to specific attributes, aspects and capacities inherent to our true nature. These colors are not passive impressions, but are the intrinsic language of the soul to itself. It is here that we come unfolded and self realized in the presence of truth. While this teaching has been primarily preserved through but not exclusive to the Sufi tradition, these energies are recognized in many of the mystical practices such as Buddhism, Cabbalism, The Gnostic teachings, etc., and is believed to be at the root of all mystical schools tracing back to the origin of all spiritual practices ~ the One Beloved.

The Latiaf Training is the foundation course and is a prerequisite to continue on with the other Terrain of Essence studies, which is available to further aide your personal development and freedom.

The first meeting is an orientation and each successive gathering will explore one of the nine latifas each month. This consists of a full day's workshop as well as a follow-up meeting monthly. Private sessions are also available to deepen your personal discovery.

### Pre-Requisite Requirements:

~A phone interview with Kim Lincoln 360-866-9234

~Attend 3 Gifts of Being classes at the Heart of Wellness Monday nights 7-8:30, donation/drop-in

~Or 2 private sessions by phone or in person

~Lataif Class Intake Form and Sacred Agreement

~50.00 Nonrefundable Deposit due one month prior to class or earlier

In Appreciation for your interest in the loving truth and your self growth ~ Bismillah

<http://orthobionomy.abmp.com/>

Give someone you care about a gifted private session! Valid for in-person or phone session.  
Please call to schedule an appointment 360-866-9234.